

# GIRLS TAKEOVER

## BE A LEADER FOR THE DAY

By taking part in Girls Takeover, you can become a leader for the day, whether in politics, a major UK business or in the media, to help break down the barriers and stereotypes girls face by sharing the voice of the next generation of female leaders. You'll gain leadership skills for your future and have real-life career examples to share on education or job applications.

**WHO: GIRLS AND YOUNG WOMEN AGED 14-24**

**WHEN: VARIOUS DATES IN 2023 (MONDAY – FRIDAY, 9AM – 5PM)**

**WHERE: COMPANY/PARLIAMENT OFFICES ACROSS THE UK**

As part of this exciting opportunity, you may be involved in:

- Chairing a Board Meeting
- Attending a conference or taking part in a panel discussion
- Sharing your views on gender equality and diversity
- Getting advice on your future career from women in leadership positions

We will support you every step of the way to prepare for the takeover and all the activities you will be involved in so you feel **confident** and **empowered** to make the most of the experience!

Plan International UK will cover all costs involved for the day (e.g. your travel, food & an overnight stay if your travelling a long distance). A member of our friendly team will also accompany you throughout your entire Girls Takeover event.

**This is not a paid opportunity.**

 **Scroll to the next page for more information!**



**Qahira, 15, Chief Executive Officer (CEO) of Barratt Developments for Girls Takeover**

# HOW TO APPLY

Please answer the questions below. You can answer these however you like – such as a short piece of writing, a video or a voice recording.

1. Why do you want to take part in Girls Takeover?
2. What would you want to do on your dream Girls Takeover day?
3. What do you hope to learn from taking over a leadership position for the day, and what would you like the leader to learn from you during your takeover?
4. Why do you think gender equality is important?

[Click here to apply](https://bit.ly/3pzLEM8)  
(<https://bit.ly/3pzLEM8>)

You don't need to be an expert or have any experience to apply – just being yourself is the experience we are looking for!

Abbie and the team will be happy to talk to you if have any questions or need support with your application.

## WHAT HAPPENS NEXT?

If you are shortlisted, we will get back in touch with you to let you know which Girls Takeover opportunities are available and ask you to submit a second application for each opportunity you're interested in.

### **\*\*APPLICATION DEADLINE\*\***

We are reviewing applications every week starting in May 2023 and throughout the summer to match with live opportunities.

**Please apply as soon as you can!**

 **Scroll to the next page for more information!**

## GIRLS TAKEOVER 2022



[Click here to watch our YouTube video of last year's Girls' Takeover](https://bit.ly/3NWuHpu)  
(<https://bit.ly/3NWuHpu>)

## GET IN TOUCH! WE'D LOVE TO HEAR FROM YOU

 [GirlsTakeover@Plan-UK.org](mailto:GirlsTakeover@Plan-UK.org)

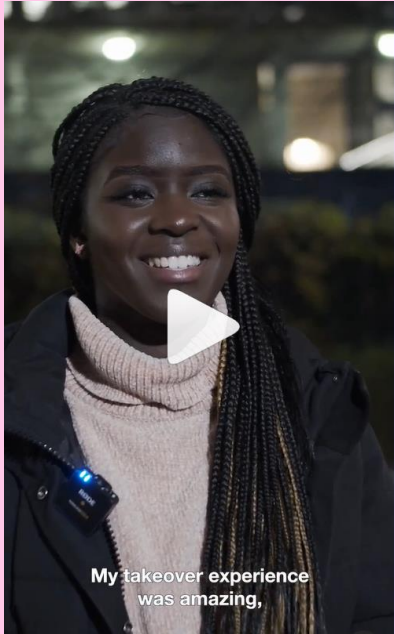
 **07458 129 684**

At Plan International UK, we actively seek and encourage applicants with diverse backgrounds and identities to apply. We strive to ensure individuals are supported in taking part in these activities including removing any barriers you might have to take part. Please let us know of any support or adjustments that would help you to apply or take part in a Girls Takeover.

# PREVIOUS GIRLS TAKEOVER PARTICIPANTS



For children and equality for girls



My takeover experience was amazing,

**Dinah, 18, Madelaine, 20, Simran, 19, and Penelope, 19, are some of the girls and young women who took part in our Girls Takeovers last year for International Day of the Girl**

**Click here to watch the video about what these incredible young women did when they took over positions of power for the day.**

**<https://bit.ly/41sff7F>**



**“Roula, being the first female editor of the Financial Times, is incredibly inspiring to me, and when talking with her I was able to understand what it takes to be an editor but also how the industry is adapting and constantly developing to better suit and attract women.”**

**NIAMH, 16, AS EDITOR OF THE FINANCIAL TIMES**

**“I think it’s a privilege to be part of today because it’s very important for me to consider these types of career paths that I wouldn’t necessarily because they are not as advertised as being a doctor or a teacher or a lawyer.”**

**TIANNA, 16, AS THE UK’S NATIONAL STATISTICIAN, OFFICE FOR NATIONAL STATISTICS**



**Penelope, 19, took over from Plan International UK’s Chief Executive Officer, Rose Caldwell.**

**Click here to read about Penelope’s experience**

**<https://bit.ly/44T3mus>**



**“Being First Minister for a day has been an amazing experience. I’ve learnt a lot throughout the day and feel that being given a seat at the table has allowed me to shed some light on the issues girls face.”**

**JAIME, 16, AS FIRST MINISTER OF WALES**

**Scroll to the next page for more information!**

# FREQUENTLY ASKED QUESTIONS

## What will the Girls Takeover experience involve?

Girls Takeover is a day-in-the-life of a senior leader, so no two Girls Takeover experiences are the same! Typically, a takeover day involves:

- Spending time with the leader whose role you are taking over to learn from their experience of what it takes to run a company or work in politics.
- You may join a Board Meeting or a panel discussion to discuss the barriers girls face at school, or in society, in their choices for study and jobs and you might share what young people want their future careers to look like - what excites and motivates them.
- You will meet other senior female leaders, or from women just starting their careers, to hear how they navigated challenges and opportunities.
- You could brainstorm new ideas with the design team, the research and development team or explore a production line.

The most important thing about a Girls Takeover experience is being yourself; we just want you to feel comfortable and confident in taking part. We'll also make sure that Plan International UK are with you each step of the way to support you.

## Can I share ideas for the Girls Takeover experience?

Yes! The Girls Takeover experiences will already have loose schedules based on the day-in-the-life of the leader whose role is being taken over – but we will work with you to make sure the day includes activities you are interested in.

## Do I have to know what I want to do as my future career to take part in a Girls Takeover?

No, not at all! Girls Takeover is an opportunity to experience leadership in different career paths, but you don't have to already know what career path you might want to take part.

## How much time will the Girls Takeover experience take?

Each experience is unique, but most will take place during a “working day”, typically 9am to 5pm on a weekday. Ahead of the takeover experience, there will also be a couple of phone/ video calls with the Girls Takeover team at Plan International UK to help you prepare for the takeover, which will be arranged at a time that suits you. We will also speak with you after the takeover to get your feedback.



**Scroll to the next page for more information!**

### **Can I receive support with my application?**

The Girls Takeover team at Plan International UK are available to answer any questions you have! Email, text, call or WhatsApp us at [Girlstakeover@plan-uk.org](mailto:Girlstakeover@plan-uk.org) / 07458 129 684.

### **Can I request support or adjustments to take part in Girls Takeover?**

Yes. At Plan International UK we want to make sure you feel comfortable, confident and prepared for your day and know that this is different for everyone, we want to remove any barriers we can so you can take part. Please let us know of any support or adjustments that would help you to apply or take part in a Girls Takeover. Email, text, call or WhatsApp us at [Girlstakeover@plan-uk.org](mailto:Girlstakeover@plan-uk.org) / 07458 129 684.

### **Can I apply for more than one Girls Takeover opportunity?**

Yes! You can apply for as many Girls Takeover opportunities as you like. If you are successful for one Girls Takeover, you will only take part in that event this year.

### **Can I apply for a Girls Takeover even if I don't live nearby where it is taking place?**

Yes! Plan International UK will pay for your travel to the event, including staying overnight before and/or after the event if you are travelling a long distance. We will also pay for your parent/caregiver to travel with you if needed.

### **What support will I get to take part in Girls Takeover?**

The Girls Takeover team at Plan International UK will help you every step of the way! Before the takeover experience, we will plan the agenda for the day together; help you prepare any presentations or conversation topics to have with the leaders you will meet; join you on a video call with the leader to meet them ahead of the day; help organise travel; let you know what to bring for the day and discuss the dress code.

On the takeover day itself, a member of the Plan International UK team will be with you throughout the whole experience – think of us as your Personal Assistant!

### **What will happen after the Girls Takeover experience?**

After the day, you will meet with the Girls Takeover team at Plan International UK to share your experiences and discuss how you can follow up on anything that you discussed with your senior leader on the day. We will also stay in touch to share further opportunities with you.



**Scroll to the next page for more information!**

### **Do I have to have my photograph taken to take part in a Girls Takeover?**

Plan International UK and the organisations taking part would like to share information about the takeover experiences on social media, websites and in the media (e.g. newspapers) to celebrate International Day of the Girl (11th October). However, you do not have to have your photograph/ video taken to take part in all of the Girls Takeovers. We will advertise which takeovers must involve photography/video consent (i.e. a social media takeover).

Before the takeover event, we will ask for your consent to take your photograph or include you in filming/interviews. After the event, we will ask for your consent to use the photos/video footage.

### **Will I meet the leader before the day itself?**

Yes, the Girls' Takeover team will arrange a pre-takeover call with you, the leader and a member of the Girls' Takeover team at Plan International UK. This will most likely take place as a video call one week before the takeover.

### **Will I be going to the Girls Takeover by myself or with other people?**

Most Girls Takeover experiences are for one young person only. However, you will be accompanied by a member of the Girls Takeover team at Plan International UK throughout the whole day, and you will never be left alone.

### **Will I get paid for taking part in Girls Takeover?**

No, this is not a paid opportunity. Plan International UK will pay for all your travel, food and accommodation (if needed due to travelling a long distance).

### **Do I have to act or dress a certain way on a takeover day?**

A takeover day is about you being yourself and speaking up for girls like you. All you have to do is to come with an open mind and ideas for the day. The dress code is relaxed but if you're worried about what to wear you can speak to a member of our team.