



Plan International UK

**WONDER
WALK**

YOUR SCHOOL PACK



Photo credit: Tommy Trenchard

WELCOME TO WONDER WALK!

Wonder Walk is all about getting together and doing something wonderful to support courageous young women worldwide. Thank you for joining us.

Your School Pack includes everything you need to have a fantastic Wonder Walk. Inside you'll find:


- ✓ How to plan and organise an inspirational Wonder Walk.
- ✓ Fantastic fundraising ideas and top tips.
- ✓ Inspirational stories of brave young women worldwide

You can find your school resources and extra fundraising materials at www.plan-uk.org/wonderwalk. We'll also be sending out further updates to inspire you.

Keep in touch at louise.rafferty@plan-uk.org or **0207 217 0613**.

Be bold. Wonder Walk for girls worldwide.





HOW WILL YOU WONDER WALK?

INSPIRATIONAL

Who inspires you? Dress up as your icon or hero for a day.

A WALK IN THE PARK

Get out and about. Power walk in the park for powerful girls.

GET TOGETHER

Unite everyone for girls' rights. Invite parents, former students or even your MP.

AT SCHOOL

Keep it simple. Walk around your sport's pitch, playground or even your hall.

CHALLENGING

Be brave or be different. Run it, make it an obstacle race, try it three-legged or carry water.

ORGANISE YOUR WONDER WALK

PLANNING

Save the date! Let students and staff know that something special is coming. Use our posters and add to your school calendar.

Inspire your students with an assembly and use our lesson plans to share stories of brave girls.

Contact parents by using our letter template and invite them to join you on the day.

Plan your route. If you're walking in a public place, remember to ask for permission from the council.

Top tip! If you have time, practice your route with students in advance of the day.

SAYING NO TO CHILD MARRIAGE: MEET HILDA

“(When I was forced to marry) I thought I didn't have a choice. Now I know better”

“I have helped save three girls from child marriages. To be part of this (Plan Youth Group) and being able to help other girls, means everything to me.”

Hilda, 16 Malawi



Photo credit: Erik Thallhaug

ON THE DAY

Assign staff to points on your walk to keep everyone safe and on track.

Take photos of your walk to share on with your supporters on route via social media.

Get social! Remember to include #WonderWalk and let us know how you're doing.



Top tip! Staggering your start times makes it easier to set students on their way safely.

FIGHTING FGM: MEET ALEM

"I used to be embarrassed to talk about FGM, because the topic was completely taboo in our community. I have gained the courage to see that there is nothing mysterious or respectable about the topic."

"We have decided to save ourselves from this cruel tradition and help other girls too."

"Now there are so many of us, I am no longer embarrassed. I dare to speak out"

Alem, 13 Ethiopia



Photo credit: Meeri Koutaniemi

YOU DID IT!

Time to celebrate! You've just done something incredible to help young women worldwide.

Send us your photos from the day - we would love to see them!

Collect sponsorship forms and money. Send us your funds so that we can start changing lives as soon as possible.

Top tip! Remember to thank your supporters and let them know how much you have raised on Facebook, Twitter and your website.

STANDING UP TO VIOLENCE: MEET LARICE

"Girls are more vulnerable in my community. You can't walk alone or you might get attacked."

"It takes me 30 minutes to walk to school - I worry about it every day as I pass many dangerous places"

"(That's why) I'm speaking out about violence against girls and women and fighting for equality"

Larice, 18 Brazil



EASY WAYS TO RAISE MONEY

Raise funds at your walk and you'll be supporting courageous girls worldwide.

SPONSORSHIP

Give every student a sponsorship form and encourage them to collect sponsorship from friends and family.

You could ask students to fundraise together as a class or year group.

DONATE

Set a school target and ask for donations.

Set up an online fundraising page at [justgiving.com](https://www.justgiving.com). This will make it easy for parents to support you and keep track of your progress.



Photo credit: Nyani Quarmyne

RAISE MORE

By adding a few extra events or activities in the school calendar you could have more fun and also raise more for girls.



Inspired by Beyoncé?

Wow the audience at a talent show.

Inspired by Emma Watson?

Get together at a film night.

Inspired by Nadia Hussain?

Show off your skills at a bake sale

Inspired by Malala?

Test your knowledge and get competitive at a quiz

Inspired by Kelly Holmes?

Have fun and get active at a sports day

Top tip! Contact us for fundraising materials to help with your activities or for inspiring ideas to raise funds.

HOW YOU MAKE A DIFFERENCE FOR BRAVE GIRLS

RAISE £10

Help 5 girls in Uganda to attend school clubs, helping to build skills, confidence and self-esteem.

RAISE £100

Help 62 girls in Uganda to access reusable sanitary pads. Shockingly, some girls can miss school because of their period.

RAISE £1,000

Help 10 girls in Sierra Leone to go to school for a year by paying school fees.

RAISE £10,000

Help 153 girls in Tanzania by paying for apprenticeships and vocational training.



ABOUT US

Plan International UK is a children's charity. We strive to advance children's rights and equality for girls all over the world.

We recognise the power and potential of every single child. But this is often suppressed by poverty, violence, exclusion and discrimination. And it's girls who are most affected.

We encourage and help children take an active role in finding solutions to their problems and realising their rights and their full potential.

For over 80 years we have been supporting children to realise their potential. We are active in over 70 countries.

Plan International UK

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