



Period Poverty Grant Scheme: Information Pack

Plan International UK

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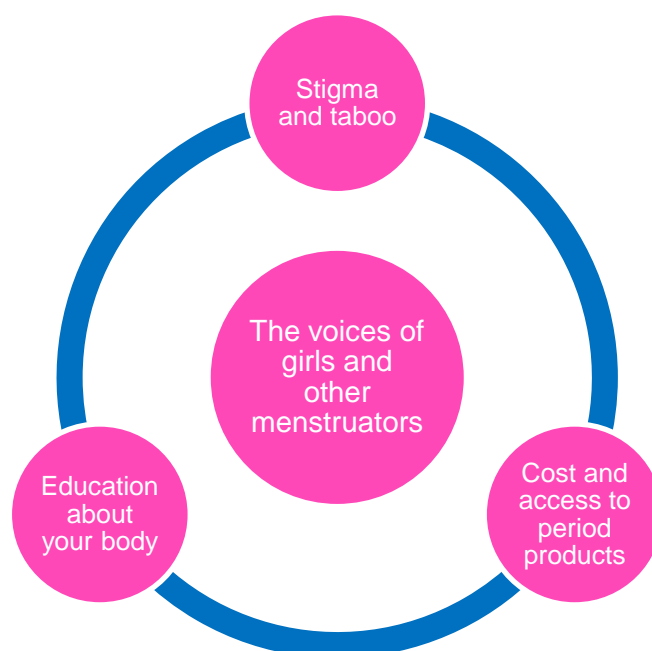
1. Introduction

Plan International UK:

Plan International UK is a global children's charity. We work to give every child the same chance in life. We are committed to ensuring that girls' rights globally are upheld and that the voices of young people and those working with them are at the heart of decisions that affect their lives. Globally we have programmes working to ensure menstruation is never treated as a barrier to girls' ability to fulfil their potential.

Break the Barriers and the Let's Talk. Period Project

In the UK our research into girls' experiences of menstruation resulted in the Break the Barriers [report](#). The report was written and advised on by a wealth of UK experts and activists. It listened to young people and asked them what barriers existed around menstruation. The report identified a [toxic trio](#) of factors that underpin period poverty:



The impact of the toxic trio was evidenced by girls' and other menstruators' experiences including that:

- 48% of UK girls feel embarrassed by their period
- 14% of girls didn't know what was happening when they started their period
- 27% of girls in the UK have overused a sanitary product because they couldn't afford a fresh one

Break the Barriers not only evidenced the issues but outlined our theory of change in our Menstrual Manifesto. The report and manifesto outlines what Plan International UK consider to be solutions to tackling period poverty including the idea that the voices of girls and other menstruators are being listened to and included at every level.

Let's Talk. Period

In response to these findings Plan International UK and [Brook](#) developed the [Let's Talk. Period](#) project which is funded by the Department of Culture, Media and Sport. A key aim of the project is to provide grant funding to grassroots organisations tackling period poverty in their local area.

This grant pack is designed to provide more detailed information about the type of organisation and project the scheme will fund as well as guidance for the application process.

2. Grant Criteria

Geography	England
Amount	£5,000 - £10,000
Duration	Up to 12 months
Delivery Period	1 st March 2019 – 28 th February 2020

We are seeking applications that work with girls and other menstruators up to age 25 and take on the toxic trio of period poverty.

We are looking for projects that propose creative and proactive methods for tackling period poverty. We are particularly interested in projects that:

- use and empower the voices of girls and other menstruators in relation to period poverty
- test new models of delivery

To apply you must:

- Have a robust safeguarding policies and procedures
- Address at least one factor of the toxic trio of period poverty
- Work with children or young adults up to age 25
- Not apply for political advocacy and campaigning or religious activities
- Be able to spend the money by March 2020
- Demonstrate how you will use the money giving good value for money

3. Application Process:

Application Deadline: Monday 14th January 2019 at 17.00

Applications should include:

- Evidence of organisational status i.e. registered charity number, status as a Community Interest Company (CIC)
- The organisation's most recent accounts (audited accounts must be submitted for those charities required to prepare these by law)
- The organisation's Child Protection/Safeguarding policy and procedures

Advice to applicants:

Questions can be asked about the grant application process, but no specific project delivery/design advice will be given outside of this guidance.

Decision making:

Once the applications have been submitted shortlisting of grants will take place.

Organisations not able to demonstrate a safeguarding policy will not be considered.

Awards will be guided by a decision-making matrix and a project grant assessment panel. A member of Plan International UK's Youth Advisory Panel will also participate in the decision-making process. The panel will be asked to declare any conflict of interest prior to their involvement.

All applicants will be notified of the outcome of their proposals in February 2019.

Successful applicants will be asked to provide two external referees that can attest to the organisations validity and ability to deliver the work.

4. Monitoring and Evaluation:

Grant awards:

Successful applicants will sign a grant agreement that sets out agreed objectives and outcomes and the restrictions and expectations placed on them by receiving the grant.

The reporting process which will be detailed in the grant agreement and includes the requirement that each organisation must provide one case study within a pre-prepared format to illustrate their project's impact.

The expectation is that grantees are honest and open during the grant process. Shortfalls or challenges faced can and should be discussed with Plan International UK to ensure that any support required is provided in a timely way.

Period Poverty Grant Scheme contact information:

Please direct any queries about the scheme to:

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